



# JANUARY | 2022

## HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>3</b> MACARONI &amp; CHEESE ROLL GREEN BEANS APPLE MILK</p>	<p><b>4</b> BACON CHEESEBURGER BAKED FRIES ORANGE MILK</p>	<p><b>5</b> SPAGHETTI GARLIC BREAD SALAD BROCCOLI PEACHES MILK</p>	<p><b>6</b> TACO OR CHEESE QUESADILLA RICE BLACK BEANS PINEAPPLE MILK</p>	<p><b>7</b> GRILLED CHEESE SANDWICH CHICKEN NOODLE SOUP CARROT STICKS APPLESAUCE MILK CHRISTMAS COOKIE</p>
<p><b>10</b> BAKED POTATO BAR TACO MEAT PRETZEL STICK TOMATO BROCCOLI PEARS MILK</p>	<p><b>11</b> HOT DOG/CHILI DOG TATER TOTS CORN APPLESAUCE MILK</p>	<p><b>12</b> SUB DAZE ASSORTED TOPPINGS BAKED CHIPS VEGGIE STICKS GRAPES COOKIE MILK</p>	<p><b>13</b> MEATBALL SUB BAKED FRIES APPLESAUCE MILK</p>	<p><b>14</b> TURKEY ALA KING BISCUIT PEAS CARROT STICKS ORANGE MILK</p>
<p><b>17</b> NO SCHOOL</p>	<p><b>18</b> LASAGNA GARLIC TOAST SALAD CORN PEACHES MILK</p>	<p><b>19</b> BAKED CHICKEN ROLL BROCCOLI WHIPPED POTATOES FRESH FRUIT MILK</p>	<p><b>20</b> ½ DAY NO LUNCH</p>	<p><b>21</b> ½ DAY NO LUNCH</p>
<p><b>24</b> BAKED POTATO BAR TACO MEAT PRETZEL STICK BROCCOLI TOMATOES MIXED FRUIT MILK</p>	<p><b>25</b> SUB DAZE ASSORTED TOPPINGS BAKED CHIPS VEGGIE STICKS GRAPES COOKIE MILK</p>	<p><b>26</b> SPAGHETTI GARLIC BREAD SALAD BROCCOLI PEACHES MILK</p>	<p><b>27</b> NACHO SUPREME BLACK BEANS SALSA CORN FRUIT SLUSHY MILK</p>	<p><b>28</b> HOT DOG/CHILI DOG BAKED FRIES CARROT STICKS APPLESAUCE MILK</p>
<p><b>31</b> ORANGE CHICKEN RICE KEYWEST VEGETABLES FORTUNE COOKIE PINEAPPLE MILK</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>	<p><b>4</b></p>

### **News**

**HAPPY NEW YEAR!!**  
ONE FREE BREAKFAST AND ONE FREE LUNCH WILL BE OFFERED TO EVERY STUDENT UNTIL THE END OF THE SCHOOL YEAR.

PLEASE HAVE MONEY IN YOUR ACCOUNT FOR SECOND MEALS AND ALA CARTE.

YOU CAN VIEW YOUR ACCOUNT AT  
[WWW.MYMEALTIME.COM](http://WWW.MYMEALTIME.COM)

FRESH FRUIT IS AVAILABLE EVERY DAY. ADDITIONAL MEAL OPTIONS CAN BE VIEWED ON THE LAKESHORE WEBSITE. LOOK AT MENUS.

USDA IS AN EQUAL OPPORTUNITY PROVIDER